

ATvisor™

Making Your Change Successful and Sustainable

Since 2018, ATvisor™ prides itself to be the One-Stop-Change Solution provider for Organizations, Teams and Individuals – offering a seamless people-centric service portfolio around Coaching, Consulting and People Development with the Mission “Making a Positive Difference in the Lives of People and Organizations”.

Start with **Our Signature Programmes**

UNFOLD THE SERENE LEADER® IN YOU

Become the leader whom people want to follow. Discover the natural leader in you.



MASTER YOUR LIFE – LEAD YOURSELF

This bite-sized self-development journey invites you to exciting self-reflection and discovery, tailored for regional and global teams, delivered virtually or physically.



LEADING PEOPLE THROUGH CHANGE

Enable people-centric change that sticks.



LI8HT YOUR LIFE™

This program is designed to make a difference in the lives of people who want to make a difference.



Alexander Trost

Founder, ATvisor™

Alexander Trost is a certified coach, change practice leader, facilitator, trainer and assessor with a successful track record in mentoring and coaching, consulting, people development, change programs, leadership and general management, bringing along profound practical experiences in public speaking and facilitating, talent and training programs as well as in mindfulness, NLP, and CBT.



Intentionally Becoming Different

is an engaging self-development guide to “unfolding your true self.” Using a self-coaching approach, this unique self-help book serves as a virtual coach, setting the reader off on an exciting journey of self-reflection, self-discovery, and self-improvement.

Get your autographed copy on
www.IntentionallyBecomingDifferent.com!

